



**Pearl W. Yee, M.D. Inc.**  
*Obstetrics • Gynecology • Medical Aesthetics*  
*Fertility • Menopause • Urinary Incontinence*  
*Advanced & Minimally Invasive Female Surgery*

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**Microdermabrasion Patient Information and Consent Form**

Microdermabrasion using the Syneron Libra system is a procedure that resurfaces the skin. Aluminum oxide crystals are gently streamed across the skin surface using both pressure and vacuum to remove dead skin cells. Not only is the top layer of dead skin removed but new epidermal cells are regenerated, collagen formation is increased, and blood flow to the dermis is increased.

Microdermabrasion is commonly used during skin care. The removal of the top layer of dead skin allows for a more effective absorption of skin care products and treatment results. Patients undergoing skin rejuvenation treatment will often benefit from exfoliating extruded pigments and superficial dead skin cells. The procedure should be comfortable and pain free. A mild edema and redness or erythema of the skin commonly occurs after treatment and will resolve within minutes to hours. You will be instructed to keep your eyes closed throughout the procedure to avoid debris. Eye covers, a hair cap or band can be used.

Microdermabrasion is not used for the treatment of skin cancer, impetigo, open sores, angiomas, moles, skin tumor, warts, herpes, birthmarks, lips or if on Accutane. Before your treatment you will need to wash your face with a non-oil based cleanser to remove any makeup or oils. A series of 3 monthly Microderm treatments are usually recommended for resurfacing or to augment a skin care regimen. Most patients enjoy a quarterly maintenance treatment.

To be eligible for microdermabrasion you must: not have used Accutane for the last 6 months, agree to take Valtrex or acyclovir prior to treatment if prone to Herpes, not be pregnant and have disclosed all medical conditions or medication use to my health care provider.

I understand that if I am using microdermabrasion to reduce skin pigmentation or molasma that this is an elective procedure and there is no guarantee that successive treatments will improve the pigmentation. I agreed to use adequate sunscreen every day and particularly for the first week after therapy. I acknowledge that I should avoid the use of a glycolic acid or Retin-A type products for two weeks following microdermabrasion.

I request for this procedure to be performed and agree to follow all pre-and post treatment instructions.

Signature X \_\_\_\_\_ Date: \_\_\_\_\_

Printed name X \_\_\_\_\_ DOB: \_\_\_\_\_

Witness X \_\_\_\_\_